

What is claimed is:

1. A head supporting assembly comprising:
 - a head performing at least one of recording and reproduction on a disk;
 - 5 a head supporting member made up of said head, a head mount with said head mounted thereon, and a supporting arm with said head mount attached to one end thereof;
 - a base arm provided with a rotation-supporting portion for supporting said head supporting member for rotation in a direction vertical to a surface of
 - 10 said disk; and
 - a resilient member having one end thereof connected with the other end of said supporting arm and the other end thereof fixed to said base arm for urging said head supporting assembly toward said disk, wherein
 - said rotation-supporting portion of said base arm is provided at such a
 - 15 position that said head mount is allowed to be displaced thereto by pressing of said rotation-supporting portion in the pressing direction.
2. The head supporting assembly according to claim 1, wherein
- said supporting arm undergoes substantially parallel displacement by
- 20 pressing of said rotation-supporting portion of said base arm.
3. The head supporting assembly according to claim 1, wherein
- said resilient member is a plate spring, and
- said resilient member has length L1 from the connected portion with
- 25 said supporting arm to the fixed portion with said base arm, the length L1 satisfying relationship $L2/L1 \geq 0.5$, where L2 is a length from said rotation-supporting portion to said connected portion.

4. The head supporting assembly according to claim 3, wherein said resilient member is a plate spring member disposed between said base arm and said supporting arm so as to be bilaterally symmetric.

5 5. The head supporting assembly according to any of claim 1 to claim 4, wherein

a center of gravity of said head supporting member is positioned on a rotation axis of said rotation-supporting portion provided on said base arm.

10 6. A head driving assembly comprising:
a head supporting assembly;
a bearing portion for supporting said head supporting assembly for rotation in a direction parallel to a disk surface; and

driving means for rotating said head supporting assembly in the
15 direction parallel to said disk surface, wherein
said head supporting assembly is the head supporting assembly set forth in claim 1.

7. The head driving assembly according to claim 6, wherein
20 said base arm is arranged at a predetermined angle with said disk surface.

8. A disk drive apparatus comprising:
a disk;
25 rotative driving means for driving said disk; and
head driving assembly for performing writing information into a predetermined track position of said disk or reading information out of a

predetermined track position, wherein

said head driving assembly is the head driving assembly set forth in claim 6.